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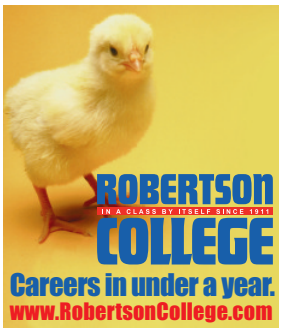
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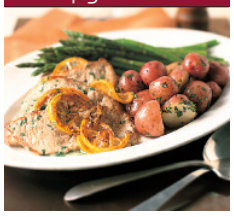
**Robin Kuniski**

Calgary videographer's lighter side of city life at metronews.ca/reelmetro

**Canada** pg 4

## Anarchists plan G20 action

**Food** pg 10



## Tangy and flavourful

**Celebrity Buzz** pg 14

## Ledger's memory endures

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CHL

## Hitmen get burned

FRANK GUNN/THE CANADIAN PRESS

Windsor Spitfire Greg Nemisz crashes into Calgary Hitmen goaltender Martin Jones as he tries to score yesterday during first-period Memorial Cup hockey action in Brandon, Man. The Spitfires won 6-2. Story, page 9.

# Suspicious home closed

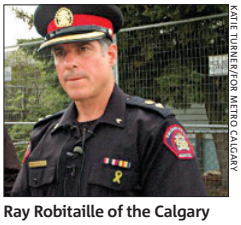
## SCAN unit seizes suspected drug, prostitution house

KATIE TURNER
for Metro Calgary

**The chain-link fence surrounding a Forest Lawn home has brought a sense of relief to neighbouring families.**

For the first time in Southern Alberta, the Safer Communities and Neighbourhoods (SCAN) unit seized a home suspected to be involved in drug activity and prostitution.

Next-door neighbour April Harrison said she's happy to see the home boarded up and hopes her three children can now play outside.


KATIE TURNER/FOR METRO CALGARY

Ray Robitaille of the Calgary Police Service talks about a house that was shut down due to suspicion of drug and prostitution activity.

Harrison alleged that the homeowner, whom she called Wayne, had brought prostitutes to the now-closed home, and recalled instances of vomiting and other problems in the backyard — situations in which she said her children were exposed.

"I felt really happy this morning ... Hopefully it will do something because now the kids and everybody will be able to go outside and we won't have to monitor them nearly as much as we did before," said Harrison.

SCAN has been investigating this property since June 2009 and over the last year, police have visited the house 147 times, said Ray Robitaille of the Calgary Police Service.

"This is what would typically be called a drug house," he alleged.

The house will be under SCAN's control for 90 days and the two brothers living in the home, one of whom is the owner, have been removed. After the three months, the house will be given back to the owner.

"If the same problem occurs, we end up with a re-investigation," said Mike Letourneau of SCAN, adding that he hopes the message sent to the owner is enough to prevent further problems.

Robitaille said there have been no charges laid in relation to SCAN's investigation.

# Teen charged in mall stabbing

KRISTA SYLVESTER
krista.sylvester@metronews.ca

**CRIME** Police have charged a 16-year-old Calgarian with attempted murder after a stabbing at a strip mall in the city's northeast last week.

Acting staff Sgt. Carl Verge said police found a 20-year-old victim suffering from multiple stab wounds at the Village Square Shopping Centre last Tuesday. The victim remains in hospital in stable condition.

"This was not random, and the victim and the suspect both know each other. We believe this was a disagreement that escalated," Verge said.

"They casually know each other, it was sort of a meeting and it escalated from there. I can't speculate what the disagreement was about."

The suspect turned himself into police on May 13 with his parents after police went to his home earlier in the day to question him, Verge added.

Verge said both the suspect and the victim are known to police.

The suspect, who cannot be named, will appear in court today to face charges of attempted murder, aggravated assault, possession of a weapon, carrying a concealed weapon and being at large. Further charges are pending.

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# Local

## Golfers foiled by land trap

**Golfers will no longer be able to hone their skills at the Calgary Family Golf Centre because the province needs a place to dump their dirt. Owner Art McKenna, who leases the land, was told to vacate the property to make room for dirt from the Stoney Trail construction project.** METRO CALGARY

SUBMITTED PHOTO

Brent King brought the tighte-whities to Calgary, in a cross-country effort to deliver 30,000 pairs of underwear to shelters.

## Calgary duo delivers hope — and skivvies

**SHELTER** At first glance, two Calgarians driving across the country in an RV bulging at the seams with pairs of men's underwear might seem a little odd.

However strange it may seem, Brent King and Robb Price are hoping to "deliver a little dignity" by bringing 30,000 pairs of underwear to shelters across the nation in the GotGinch drive.

King came to the Mustard Seed with one question — "what do you need?" He soon discovered underwear was first and foremost.

"I suspect that (underwear) is one of the first luxuries given up on the way to the street, perhaps it should be the first restored," he said.

Price also runs DeliverGood.org, which connects "charities who need stuff with people who have stuff."

PETER MCCARTNEY/ FOR METRO CALGARY

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# Tunnel supporters racing clock

PETER MCCARTNEY
for Metro Calgary

**Calgary could be closer to getting the Airport Trail Tunnel after aldermen instructed administration to conduct a further planning study on the project.**

However, supporters are now in a race against time to ensure construction begins on the project before the airport starts building twin runways.

"We now know the cost of boring it afterwards will be more than three times what it is if we get it done before," said Ald. Jim Stevenson.

Stevenson wants to get as much information as possible on the project in hopes that a new city council will be able to salvage any cut and cover option for building the tunnel. Utilizing that option would put the price tag at around $250 million, said Stevenson, saving the city up to $750 million.

Stevenson

The Ward 3 alderman said he got the result he was looking for, and he will be working on making sure the report is brought before council in November.

Council also instructed administration to continue a northeast road network study, which "will give us some ammunition as to what kind of cost we will incur if the tunnel is not there," said Stevenson.

Curtis Fernets, a spokesperson for the Airport Trail Access Committee, said he is concerned there is no current traffic plan for when construction shuts down Barlow Trail in April 2011.

He said if the transportation study had been completed earlier, the project would be in better shape, there wouldn't be such a rush, and we would be prepared for the extra traffic come April.

Fernets said he hopes the tunnel will evolve into an extension of the LRT.

# Council to meet with air authority over cabs

KRISTA SYLVESTER
krista.sylvester@metronews.ca

**TRANSPORTATION** It's a compromise most are content with — for now.

After two hours behind closed doors, city council decided to create an ad-hoc committee to meet with the Calgary Airport Authority over changes to taxi service at the airport

"Well, it's a compromise from what we originally intended, which was to have emphasis from the mayor or a letter sent to them, but now us four will go into discussions with the Airport Authority for more information," Ald. Andre Chabot said yesterday.

Dozens of cab drivers waited in council chambers yesterday to discuss the option of sending a letter to the authority, but most council members felt it was overstepping the boundaries, including Ald. Gord Lowe. "It's like getting into somebody else's labour-relations issue," Lowe said.

Cab drivers were worried the Airport Authority would go from six cab companies to a one company "monopoly" in June, but spokesperson Jody Moseley said that is just one of the options on the table.

"We haven't made any decisions yet and we are not sure what direction we are going yet. We are going to do what's best for customer service at the airport," she said.

Blacktop Cabs representative driver Gadinder Cheeme said while council decided not to send a letter, cabbies are glad there will at least be discussions.

"We're happy with their decision because they decided they will talk to the authority and we are very satisfied with this decision," he said.

SHELBY BORYS/FOR METRO CALGARY

Calgary airport cabbies are concerned about their livelihoods after hearing word that only one taxi provider may get rights to service at the Calgary International Airport.

# Mayor, Calgary Transit hoping U.K. workers will stay in town

KRISTA SYLVESTER
krista.sylvester@metronews.ca

**LABOUR** The end of the road may unfortunately be in sight for 18 United Kingdom transit operators working in Calgary.

The temporary foreign workers came here two years ago as part of a temporary skilled workers program, but now their work permits are up and Mayor Dave Bronconnier and Calgary Transit want the transit operators to stay.

"It costs money to train new employees and we have fully capable experienced workers now. We need them, we don't want to send them packing," Bronconnier said.

Bronconnier is pushing the province to change its stance, but Thomas Lukaszuk, the Alberta minister for employment and immigration, told QR77 news the province employs Albertans first, Canadians second and then other people from abroad, but Bronconnier disagrees.

"We still need these drivers and in the future we will need even more as the city continues to grow," Bronconnier said.

"Imagine packing your family up and moving them across the ocean and then having to pack them up again and return home two years later. It's unfortunate."

Transit spokesperson Ron Collins acknowledges the market has changed but would also like to see the workers stay in Calgary.

"It was a great program and we would love for them to stay," he said.

Calgary also recruited about 180 other workers in other fields including mechanics, police officers and city planners but their contracts are not affected.

METRO CALGARY FILE PHOTO

The mayor and Calgary Transit want 18 United Kingdom natives working as transit operators to stay, as their work permits are set to expire.

## News in brief

**THEFT** Calgary police have arrested a man wanted for robbery and violation of his release. Jesse George Sprayson was arrested Saturday after three known incidents in the past two months. Allegedly, a man would invite a woman into his home, and the woman would then allow for an intruder to come in and take items from the house. Police believe there are similar incidents left unreported and are asking anybody who has been victimized to phone them at 403-266-1234.

**CHILD PORN** Ex-Calgary cop Paul Roger Villecourt, 37, pleaded guilty yesterday to charges of accessing and possession of child pornography. The jury he was meant to face was dismissed after Villecourt's lawyer entered the guilty pleas. An additional charge of distributing child porn was dropped after Villecourt admitted to the first two charges. Following a search of Villecourt's home in July 2007, Cochrane RCMP found 178 images and 14 videos of child porn on his computers.

METRO CALGARY

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## CalgaryTweets

**@darrinepp** Nice rain in #yyc good thing I am water proof under my soaked clothes

**@dianechua** wow that was the longest grumble i've ever heard from the sky. it's so going to rain. #yyc #fb

**@amanda_krumins** re: campground alcohol bans- Alcohol is legal & I pay taxes that fund parks. If noise is the issue, ban noise. kids make annoying noises too

**@mzhalfer** Get home an hour later. Thx deerfoot. #yyc

**We got lucky on H1N1, WHO head says**
The UN's global health chief says the world was lucky that the swine flu pandemic was relatively mild. WHO director-general Margaret Chan says the virus hadn't mutated into a more dangerous form, and treatments such as Tamiflu and vaccines proved effective. THE ASSOCIATED PRESS

# Canada/World

## Group vows G20 action

### Anarchists target June summit

**It will be militant. It will be confrontational. And some things may be smashed.**

In a rallying cry that has its made its way onto numerous anti-capitalist websites, a group of Ontario anarchists is dropping clues of its plans to disrupt the G20 summit.

The Southern Ontario Anarchist Resistance (SOAR) plans to take part in the June 26 People First march — a popular public rally at London's G20 summit in 2009 — before continuing down to the security fence to "confront the police state."

"This action will be militant and confrontational, seeking to humiliate the security apparatus and make Toronto's elites regret letting the dang G20 in here," said the message, which first made rounds early last week.

**"This action will be militant and confrontational, seeking to humiliate the security apparatus."**
Southern Ontario Anarchist Resistance

The message promotes several protest events, including a roaming street party, and implores its members to support a variety of tactics. It is unclear how large the group's membership is. A message to SOAR wasn't returned.

The G20's Integrated Security Unit is keeping an eye on developing protests plans, said ISU spokeswoman Meaghan Gray.

TORSTAR NEWS SERVICE

BILL SCHILLER/TORSTAR NEWS SERVICE

Canadian-born cameraman Nelson Rand recovers in the intensive care unit of a Bangkok hospital yesterday during a visit with a friend. Rand was hit by three bullets from a sniper on Friday while covering protests in Bangkok.

## Recovery ahead for Canadian cameraman shot in Thailand

**SHOOTING** According to Thai television reports, Canadian-born cameraman Nelson Rand died over the weekend. But no one told him.

"Are you kidding?" he said, recovering in the intensive care unit of a private hospital in the Thai capital yesterday, as firefights continued citywide.

The 34-year-old Burlington, Ont., -born journalist and author was shot three times Friday near the Japanese Embassy while filming clashes between government soldiers and Red Shirt protesters. Rand was strong, clear-minded and good-humoured for a man who had nearly died.

"Did I flatline?" he asked a visiting friend. He had, for about six second, doctors had said. TORSTAR NEWS SERVICE

## 'For me, this is about justice'

**THAILAND** They were expected to be cowed and scared.

Instead — they were defiant.

Thailand's Red Shirt protesters faced down an ultimatum by government forces yesterday to clear women and children from their protest site and prepare for a final clash.

But the protestors refused to flinch.

"We're not leaving. We're staying put," said 34-year-old farm labourer Tongmak Sanrut, who with his wife and two infant sons has been camped out in the heart of Bangkok for two months.

"We want democracy and we want justice ... and if violence comes, our struggle will continue."

Red Shirts continue to push for the dissolution of parliament and for fresh elections.

They say the current government — which gained power through the courts, a parliamentary vote and the backing of the military — must step down.

As Sanrut says: "For me, this is about justice."

TORSTAR NEWS SERVICE

## South Korea **All grown up now**

LEE JIN-MAN/THE ASSOCIATED PRESS

Yesterday was the 38th Coming of Age Day in South Korea, a ceremony held to authorize boys and girls at the age of 20 — who have been living under the protection of their families — as independent individuals.

## Food firms vow to cut calories

**HEALTH** Several of the U.S.'s largest food companies say they'll take 1.5 trillion calories out of their products by 2015 in an effort to reduce childhood obesity.

The companies made the announcement through the Healthy Weight Commitment Foundation, a coalition of retailers, food and beverage manufacturers and industry trade associations.

THE ASSOCIATED PRESS

## News in brief

**INDIA** Maoist rebels blew up a bus filled with police and civilians yesterday as it drove through the central Indian state of Chhattisgarh, killing at least 35 people, including 19 civilians, police said.

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# Light at end of the tunnel

**The U.S. Supreme Court has ruled that teenagers may not be locked up in prison for life without chance of parole if they haven't killed anyone.**

By a 5-4 vote yesterday, the court says the Constitution requires that young people serving life sentences must at least be considered for release.

The court ruled in the case of Terrance Graham, who was implicated in armed robberies when he was 16 and 17. Graham, now 22, is in prison in Florida, which holds more than 70 per cent of juvenile defendants locked up for life for crimes other than homicide.

"The state has denied him any chance to later demonstrate that he is fit to rejoin society based solely on a nonhomicide crime that he committed while he was a child in the eyes of the law," Justice Anthony Kennedy wrote in his majority opinion.

Chief Justice John Roberts agreed with Kennedy and the court's four liberal justices about Graham. But Roberts said he does not believe the ruling should extend to all young offenders who are locked up for crimes other than murder; he was a "no" vote on the ruling.

More than 2,000 juveniles are serving life without parole for killing someone, but their sentences are not affected by yesterday's decision.

THE ASSOCIATED PRESS

## Sentencing

Life sentences with no chance of parole are rare and harsh for juveniles tried as adults and convicted of crimes less serious than killing, although roughly three dozen states allow for the possibility of such prison terms.

## Cleaver attack wounds six

**CHINA** A cleaver-wielding man attacked and wounded six women before jumping to his death, police said yesterday, in the latest in a series of such rampages in China. The attack follows five separate assaults by lone assailants against schoolchildren in recent weeks that have left 17 dead and over 50 wounded.

According to police, Sunday night's attack began around 7:00 p.m. when a 20-year-old man identified only by his surname, Xie, hacked at a woman outside a restaurant in the southern city of Foshan.

He then rushed into a crowded market and wounded five other women before climbing the stairs of a building and throwing himself off the fourth floor.

THE ASSOCIATED PRESS

## News in brief

**AUSTRALIA** A Roman Catholic cardinal urged tougher action against pedophile priests after the church confirmed yesterday two Irish priests accused of molesting girls continued performing church-related duties in Australia's two largest cities despite being barred from doing so. Father Padraic Maye was found guilty by the church of molesting two young sisters in the 1980s and raping a woman in the 1970s, and was forced to retire in 2005. He denied the allegations. Father Finian Egan was accused of groping two girls decades ago and the outcome of a church investigation is pending. Egan has denied the accusations. Both were banned by the church from performing any clerical duties, but the church confirmed they had carried out church duties without permission in Melbourne and Sydney.

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## Comment

# PM's wheel of fortune

NationalReport
Lawrence Martin

metronews.ca/nationalreport

The streak of fortune continues. One of the unwritten stories about Stephen Harper is how the fates continually smile on him. Few Canadian politicians have ever been as fortunate.

The latest break came last week. Just when it appeared the Conservatives were about to lose a huge swath of supportive media in a newspaper sell-off, a dark-horse bidder saved the day.

Liberally inclined Torstar appeared to be the favourite to win the National Post and the other Canwest papers, all of them in the conservative philosophical corner. The thought of it had the Harper Conservatives climbing the walls. The country's media landscape was about to change. But a surprise bid from a group led by National Post chairman Paul Godfrey saved the day.

Just how sensitive the Conservatives are to media has been demonstrated in their attacks on the CBC for using a pollster, Frank Graves, who says the Liberals should employ a culture war strategy against Harper. What the feverish Tory reaction should tell the Liberals is that such a strategy is a good one.

The break on the newspaper sale followed a highly fortunate turn in January, when just as momentum for a national day of protest against his prorogation of Parliament was building, the Haitian calamity struck. It wiped out all other news and gave Harper a chance to change the dial, which he did effectively with an impressive Haitian relief effort. The prorogue protest went ahead but was half the size it would have been.

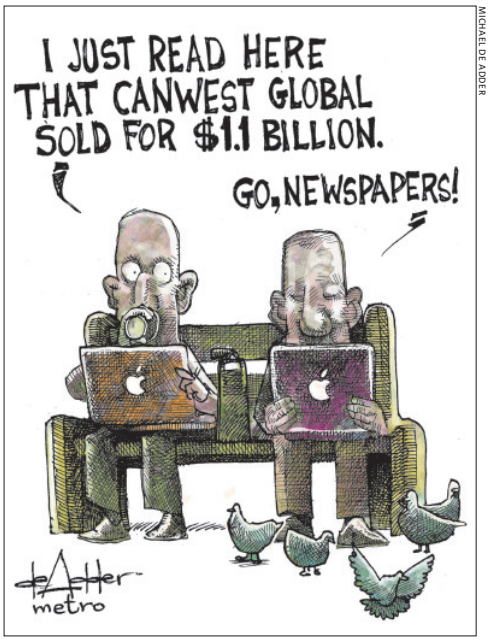
In years previous, the wheel of fortune seemed to always spin his way as well. During the coalition crisis he was at death's doorstep when the opposition parties blew the deal by bringing Bloc Leader Gilles Duceppe into a press conference. Then the Governor General saved Harper's bacon by granting his wish to shut down Parliament, thereby avoiding a confidence vote.

He received a remarkable break in the 2006 election, which brought him to power. Midway through it, the RCMP announced an investigation into the Liberals, which turned momentum in Harper's favour. Before that, during his opposition days, Harper got the break of a lifetime when the sponsorship scandal exploded, sending the Liberals plummeting in the polls.

He got good breaks in both his Alliance and Conservative leadership campaigns when no big-name opponents came forward to challenge for the titles. He's had great fortune as well in drawing weak opposition leaders thus far.

It's amazing. For other politicians luck usually runs out. For Stephen Harper, it just keeps on coming.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.




MICHAEL DE ADDER

## Noteworthy

# April warmest month on record: Climate experts

The Earth's average temperature for April was 14.5 C, the hottest for any April on record.

The National Oceanic and Atmospheric Administration says areas particularly warmer than average included Canada, Alaska, the eastern United States, Australia, South Asia, northern Africa and northern Russia.

Cooler-than-normal places included Mongolia, Argentina, far eastern Russia, the western contiguous United States and most of China.

**13.3**

The National Oceanic and Atmospheric Administration says the world's average temperature was the highest on record for the January-April period. For January-April, the average was 13.3 C, the agency said.

Climate experts said the El Nino warming of the tropical Pacific Ocean weakened in April, as sea-surface temperature anomalies decreased.

The report noted that Arctic sea ice was below normal for the 11th consecutive April, covering an average of 14.7 million square kilometres.

THE ASSOCIATED PRESS

## Worth mentioning

# NATO unveils draft of mission statement

NATO must win the war in Afghanistan, expand ties with Russia and even China, counter the threat posed by Iran's missiles, and assure the security of its 28 members, according to the alliance's proposed mission statement for the next decade.

The draft document, released yesterday, seeks to bridge a growing rift between the U.S., which favours a greater international role for NATO, and European nations that want it to retain its traditional defensive focus.

"NATO must be versatile and efficient enough to operate far from home," said former U.S. secretary of state Madeleine Albright, head of the team of experts that wrote the document. "(But) in order to sustain the political will for operations outside its area, NATO must see that all its members are reassured about the security of their home territories."

NATO Secretary General Anders Fogh Rasmussen will use the draft as a basis for a new strategic concept that will be submitted for approval at the alliance's next summit in Lisbon, Portugal, in November.

The previous strategic concept focused mainly on NATO's peacekeeping role in places like Bosnia and Kosovo. It was adopted in 1999, soon after the end of the Cold War and before the Sept. 11, 2001, attacks in the United States forced the alliance to take on missions such as counterinsurgency warfare in Afghanistan.

### Mid-life crisis

- Founded in 1949 to counter the threat of a Soviet invasion, the 28-member NATO alliance is in the midst of a mid-life crisis as it searches for relevance almost 20 years after the collapse of its communist rival.

The war is the largest mission ever attempted by the alliance. More than 100,000 NATO troops, about two-thirds of them American, are currently deployed there. Nearly 1,800 NATO soldiers have been killed in the escalating conflict.

"In today's world we may have to go beyond our borders to defend our borders. I can mention Afghanistan as a case in point," Fogh Rasmussen said.

"But Afghanistan is not a make-or-break situation for NATO. NATO is about much more than Afghanistan ... despite the fact that there is so much focus on Afghanistan right now."

The new statement emphasized the threat posed by Iran's nascent ballistic missile capability.

"Missile defence is most effective when it is a joint enterprise, and co-operation ... between the alliance and its partners — especially Russia — is highly desirable," the blueprint said. THE ASSOCIATED PRESS

## Quote of the Day

***"At first we had a lot of concern about surface animals like turtles, whales and dolphins. Now we're concerned about everything."***

**— PAUL MONTAGNA, A MARINE BIOLOGIST AT TEXAS A&M UNIVERSITY CORPUS CHRISTI WHO STUDIES GULF REEFS. MONTAGNA AND OTHER SCIENTISTS FEAR TWO POWERFUL GULF CURRENTS WILL CARRY THE OIL SPILLED FROM THE DEEP-WATER HORIZON EXPLOSION TO OTHER REEFS.**

THE ASSOCIATED PRESS

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**Ready for anything**

Robert Vicino, a salesman with a doomsday plan, is taking money for what he promises will one day be a comfortable, nuke-proof bunker in the Mojave Desert. THE ASSOCIATED PRESS

7

# Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

# Feds put $10M into clean car research

**The federal government has invested $10 million to attract a top researcher in hybrid vehicle technologies to an Ontario university.**

McMaster University in Hamilton announced yesterday Ali Emadi, a well-known American developer of electric powertrain technology, will join the university in conjunction with the development of a hybrid vehicle research facility.

The government investment is part of a broader push to expand Canada's research and development capacity in the area of green vehicle technologies.

In December, auto parts giant Magna International and the federal government announced a $7.2-million research effort with the goal of developing lighter-weight, more environmentally friendly auto parts.

Although hybrid and particularly electric vehicle sales are expected to stay relatively low for the next few years, industry players assume that government incentives will encourage consumers to look more seriously at environmentally friendly options next time they're car shopping.

In the U.S., President Barack Obama has said he wants one million electric vehicles on the road by 2015 and has invested billions of dollars in car makers to help accomplish that goal. THE CANADIAN PRESS

## Trade **Going nowhere?**

AP PHOTO/KIN CHEUNG, POOL

U.S. Commerce Secretary Gary Locke rides on a Disneyland train in Hong Kong yesterday. U.S. leaders want China's clean energy boom to drive technology exports and are sending a sales mission to Beijing this week. But Beijing wants to create its own suppliers of wind, solar and other equipment and is limiting access to its market, setting up a new trade clash with Washington and Europe.

## Housing prices cooling down

**REAL ESTATE** Canada's hot housing markets is showing signs of cooling slightly.

Home sales slid 2.6 per cent last month on a seasonally adjusted basis, down 6.8 per cent from the peak recorded in December, the Canadian Real Estate Association reported yesterday.

Meanwhile, the number of listings by owners who want to sell their house rose by 99,901, slightly surpassing the previous high for April set in 2008.

Although the average activity dropped, CREA president Georges Pahud said some of the country's major markets remain robust.

But economist Douglas Porter of BMO Capital Markets said a trend has been established and activity will only diminish further going forward. THE CANADIAN PRESS

## Canwest sale approved

**PUBLISHING** Canwest Global Communications says it has received approval from the Ontario Superior Court to move forward with the sale of its publishing division, which includes the flagship National Post newspaper.

The company says it will now proceed with an agreement to sell the assets to a group of creditors led by Post president and CEO Paul Godfrey for $1.1 billion, including $950 million in cash. THE CANADIAN PRESS

**On the web**

**Your money:** Alison Griffiths says break out of financial paralysis at metronews.ca/alisononmoney

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Kuwait.....6.9 ¢
Lebanon ..... 9.9 ¢
Libya.....24.9 ¢
Nepal..... from 7.9 ¢
Oman..... 12.9 ¢
Fiji..... ... 24.9 ¢
Ghana.....9.9 ¢
Greece.....2.9 ¢
Guatemala.....10.9 ¢
Guyana.....27.9 ¢
Honduras.....15.9 ¢
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Israel.....2.9 ¢
Italy.....2.9 ¢
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# Health & Beauty

EDITOR: EMMA.YARDLEY@METRONEWS.CA

# Allergies affect more people now

CELIA MILNE
for Metro Canada

**Ever noticed that far more people are allergic than in the past? It seems that every second person in the big city is sneezing and sniffing at this time of year.**

Well, it's not your imagination. It's true.

"Allergic disease has increased frequency mainly in the last three decades," says Dr. Guy Delespesse, director of the laboratory for allergy research and a professor at the Hospitalier de L'Université de Montréal.

The statistics show an alarming upward trend for asthma and allergies. The prevalence of asthma almost doubled from 1980 to 1994, he says. An astonishing three hundred million people worldwide suffer from asthma, and there are 250,000 deaths every year.

It is estimated that the number of people with asthma will grow by more than 100 million by the year 2025. It's not just allergic disease that is on the rise, says Delespesse.

"The same thing is happening in immune-mediated diseases in the same period of time."

Immune-mediated diseases are illnesses in which a person's immune system backfires and attacks their own body. Examples are type 1 diabetes, multiple sclerosis and Chrohn's disease.

Doctors have figured out that something in our environment must be causing these sharp rises in disease. If it was strictly a genetic change, it couldn't happen that fast, says Delespesse. It seems that people were better off when they lived on farms surrounded by animals and good, old fashioned dirt.

iStock

There is evidence that intestinal bacteria, which may protect us against allergies, is different in children who were raised on farms within close proximity to animals and dirt than city dwellers.

"Where allergies and asthma are the worst are where people congregate in large cities. Studies in Europe clearly demonstrate that children born and raised on farms, who have contact with animals, have a much lower incidence of asthma and allergies."

In other words, the cleanliness of modern society may be causing disease. Bacteria in the environment — which move into our guts — seem to be protective against allergies.

"There is evidence," says Delespesse, "that the intestinal bacteria of children who will develop allergy is different from those who won't develop allergies."

Several possible solutions are being studied. One is to give probiotics to children who are at high risk for allergies, as this will boost the numbers of bacteria in their gut.

Another possible theory is that pregnant women need more zinc, magnesium, vitamin D and vitamin E in order to prevent allergies in their children. Air pollution, especially diesel exhaust, is being studied as another possible culprit. Finally, the stress of living in a big city is thought to be a possible factor.

"This is a societal problem," says Delespesse.

On an individual level, he suggests we continue to clean our homes and take antibiotics when recommended by a doctor, but recognize the overall effect that killing bacteria has on society.

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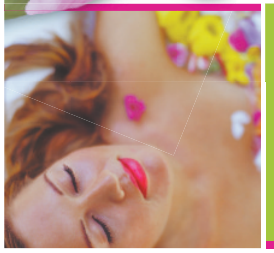
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# Allergic to love or just allergic?

The J Spot

Josey Vogels
metronews.ca/thejspot

The website tvtropes.org devotes an entire section to movies and TV shows that use the notion of being "allergic to love" as a story-telling device.

Like Stan, in the early seasons of South Park, who vomited uncontrollably when his love interest Wendy Testaburger so much as talked to him.

And, while you may not have vomited when you got near someone you did fancy, you've no doubt experienced the sweaty palms, felt an elevated heat rate, or got that feeling that you just may, well, hurl chunks. Obviously, this kind of reaction doesn't mean you're technically allergic to your love interests; not in the way my husband is to wasps or my mother to shellfish, anyway.

Sure, it may feel like you're going to die if, say, the object of your affection doesn't return the feeling, but a few shots of tequila — not epinephrine — is more likely to cure your ills.

But what if you were not necessarily allergic to love but to the person you love? According to Darcy Keenan, an Ottawa-based natural therapist who specializes in allergies (keenanclinic.ca), one can certainly have an allergic reaction to someone else if they've eaten foods you're allergic to or used certain cosmetics that cause you to have an allergic reaction

I've also heard of cases of women being allergic to her partner's semen. Something to do with her antibodies not getting along with his antigens and causing a reaction.

As for being allergic to love, well, I definitely know a few people who seem to freak out every time it comes near them. You know the type. Every time a relationship starts to get serious, they find a way to sabotage it.

Though I suspect this is less a love allergy to love than an allergy to getting hurt. If only they could develop an EpiPen for that.

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com and follow her at twitter.com/joseyvogels

Benign Essential Blepharospasm Week
May 16 - 22, 2010
Benign Essential Blepharospasm (BEB) is a disease that causes the eyelids to spasm and close uncontrollably. More than 3,000 Canadians suffer from this debilitating eye disease – which can lead to functional blindness – yet very few people know about it. BEB is not life threatening, but it is life altering. Those afflicted have trouble seeing, reading, walking, driving – in essence, difficulty leading normal lives.
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**Capitals lock up Backstrom**
The Washington Capitals announced yesterday that they have signed Nicklas Backstrom to a 10 years, $67 million US deal. THE ASSOCIATED PRESS

# Sports

EDITOR: DON.MCHOULL@METRONEWS.CA

# Hall mauls Hitmen

MEMORIAL CUP

**Windsor 6 Calgary 3**

**Windsor Spitfires winger Taylor Hall scored two goals, collected one assist and likely added to a legion of admiring NHL scouts in a 6-2 win over the Calgary Hitmen last night that sent the defending champions directly into Sunday's final at the MasterCard Memorial Cup.**

FRANK GUNN/THE CANADIAN PRESS

Windsor Spitfire Eric Wellwood takes out Calgary Hitman Giffen Nyren last night in Brandon, Manitoba.

His goal early in the third period cemented the outcome against the Hitmen, helping Windsor win its second straight game to open the tournament. Jimmy Bubnick scored a pair for the Hitmen, who fell to 1-1 with the loss.

The Spitfires, who won the event last year after losing their first two games, will close out the round-robin component of their schedule against the Moncton Wildcats today.

Calgary's challenge was evident long before the puck was dropped. Windsor eviscerated the host Brandon Wheat Kings to open the tournament on Friday, rolling to a 9-3 win that flirted with a single-game scoring record that had not been touched in 30 years.

The Spitfires had two players who were among the first 15 selections in last year's NHL Entry Draft — defenceman Ryan Ellis (11th, Nashville) and forward Zack Kassian (13th, Buffalo). They also had two players who finished the season ranked among the top five in NHL Central Scouting's final list heading into next month's draft, with Hall at No. 2 and defenceman Cam Fowler at No. 5.

Hall, who scored twice against Brandon, voiced his desire to usurp the No. 1 spot through his play at the Memorial Cup. The 18-year-old winger sparked the Spitfires after crashing into the end boards against the Wheat Kings, and would spark them again yesterday.

"Last year, we came in a little bit wide-eyed," he had said before the game. "And this year, we have a lot of experience, a lot of leadership. And I think we've been showing that, early on." THE CANADIAN PRESS

## Stamps sign their second-round pick

CFL The Calgary Stampeders have signed defensive back Taurean Allen, their second-round pick in the CFL Canadian college draft.

Allen was taken 13th overall in the draft. The 23-year-old Wilfrid Laurier standout was a three-time Ontario University Athletics all-star while with the Golden Hawks, and was invited to play in the 2009 East-West Bowl.

"We were extremely pleased to select Taurean with our second-round draft pick earlier this month and we're naturally thrilled to have him signed for camp," Stampeders head coach and GM John Hufnagel said in a statement.

"He's a good player and a top prospect, so we're looking forward to seeing how he stacks up at training camp."

Allen, a Toronto native, had 16.5 tackles, two knockdowns and an interception for the Golden Hawks last season. THE CANADIAN PRESS

## SCOREBOARD

### NHL PLAYOFFS

**TODAY'S GAMES**

Montreal at Philadelphia, 5 p.m. (Flyers lead series 1-0)
Chicago at San Jose, 8 p.m. (Blackhawks lead series 1-0)

**PLAYOFF SCORING LEADERS**

| | G | A | Pt |
|---|---|---|---|
| Toews, Chi | 6 | 15 | 21 |
| Crosby, Pgh | 6 | 13 | 19 |
| Cammalleri, Mtl | 12 | 6 | 18 |
| Franzen, Det | 6 | 12 | 18 |
| Briere, Pha | 8 | 9 | 17 |
| Richards, Pha | 5 | 12 | 17 |
| Kane, Chi | 7 | 9 | 16 |
| Pavelski, SJ | 9 | 6 | 15 |

### NBA PLAYOFFS

**YESTERDAY'S RESULTS**

L.A. Lakers 128 Phoenix 107 (Lakers lead series 1-0)

**TODAY'S GAME**

Boston at Orlando, 6:30 p.m.

### HOCKEY

**WORLD HOCKEY CHAMPIONSHIP**
**YESTERDAY'S RESULTS**

Finland 5 Slovakia 2
Norway 3 Switzerland 2
Belarus 2 Denmark 1
Czech Republic 3 Latvia 1

### BASEBALL

**YESTERDAY'S AL RESULTS**

Minnesota 8 Toronto 3
Kansas City 4 Baltimore 3
N.Y. Yankees 11 Boston 9
Tampa Bay 4 Cleveland 3 (11 ings)
Texas 4 L.A. Angels 3
Oakland 8 Seattle 4
Chicago White Sox at Detroit (ppd., rain)

**YESTERDAY'S NL RESULTS**

Arizona 5 Florida 1
Chicago Cubs 4 Colorado 2 (11 ings)
Cincinnati 6 Milwaukee 3
N.Y. Mets 3 Atlanta 2
Philadelphia 12 Pittsburgh 2
St. Louis 6 Washington 2
L.A. Dodgers 6 Houston 2
San Francisco at San Diego

### MEMORIAL CUP

**YESTERDAY'S RESULTS**

Windsor 6 Calgary 2

**TODAY'S GAME**

Moncton vs. Windsor, 6 p.m.

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**Top Chef set to release book**

Spike Mendelsohn, a break out star of Bravo's Top Chef, will release The Good Stuff Cookbook: Burgers, Fries, Shakes, Wedges and More on May 31. His restaurant in Washington, D.C., has been a resounding success since its opening in 2008. METRO NEWS SERVICES

# Food

## More Skinny choices

**Who says a healthier lifestyle can't be sweet? Just in time for summer, The Skinny Cow introduces two new low cal indulgences: Cookies and Cream Sandwiches bits (140 calories) — a vanilla sandwich swirled with chocolaty cookie bits — and Caramel & Vanilla Cones (150 calories) — vanilla ice cream drizzled with caramel sauce in a crunchy chocolaty coated sugar cone. Available at most ogrocery stores ($7.49/per box of 4 or 5).** METRO NEWS SERVICES

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Veal Cutlets with Lemon-Garlic Sauce are tangy and flavourful.

# Simple and decadent

### Veal Cutlets with Lemon-Garlic Sauce

SERVES 4

**INGREDIENTS:**

Sauce
- 1 head garlic
- 2/3 cup reduced-sodium chicken broth
- 1/4 cup fresh lemon juice
- 2 tsp cornstarch
- 1/4 tsp salt

Veal
- 4 veal cutlets
- 1/4 tsp salt
- 1 Tbsp Dijon mustard
- 1 lemon, very thinly sliced

**METHOD:**

1. Preheat oven to 375°F (190°C). Wrap garlic in foil and bake until tender (package will feel soft when pressed), 45 minutes. When cool enough to handle, cut off bulb top, squeeze out garlic pulp into small bowl, and mash until smooth.
2. Preheat broiler. Sprinkle cutlets with 1/4 tsp salt and brush with mustard. Top each cutlet with 3 lemon slices. Broil cutlets 10 cm from heat until cooked through, 2 minutes. Transfer cutlets to platter and cover loosely with foil to keep warm.
3. In small pot, whisk broth and lemon juice into cornstarch. Whisk in 1/4 tsp salt and roasted garlic. Bring to boil over medium heat and boil until sauce is lightly thickened, 1 minute. Spoon sauce over veal on platter.

**Per Serving:** 160 calories, 4 g total fat, 1 g saturated fat, 8 g carbohydrate, 2 g fibre, 24 g protein

Try Ambrosia for light, tropical dessert.

### Ambrosia

SERVES 6

**INGREDIENTS:**
- 3 navel oranges
- 1 small pineapple
- 2 large bananas
- 3/4 cup mini marshmallows
- 1/3 cup sweetened coconut flakes
- Fresh mint sprigs

**METHOD**

1. Cut thin slice off top and bottom each orange. Remove peel and pith with paring knife. Holding orange over large bowl, cut between membranes and lift out sections with knife, letting them fall into bowl with juices.
2. Using long serrated knife, cut top and bottom off pineapple. Stand pineapple up and cut off peel in sections, from top to bottom. Halve pineapple lengthwise. Place one half, cut-side down, on cutting board and slice lengthwise into 3 equal sections. Slice off hard core from each section, then cut sections crosswise into chunks, about 2.5 cm thick. Add to oranges in bowl and toss. Repeat with second half pineapple.
3. Slice bananas 0.5 cm thick and add immediately to fruit and juice in bowl; toss to coat. Gently fold in marshmallows and coconut. Cover with plastic wrap and refrigerate at least 2 hours or overnight to blend flavours. Garnish with mint sprigs.

**Per Serving:** 160 calories, 2 g total fat, 2 g saturated fat, 38 g carbohydrate, 4 g fibre, 2 g protein

### Cheddar Cheese and Broccoli Soup

SERVES 4

**INGREDIENTS:**
- 500 g broccoli
- 1 Tbsp olive oil
- 1 onion, chopped
- 1 celery rib, chopped
- 2 Tbsp all-purpose flour
- 398 ml can chicken broth
- 370 ml can evaporated skim milk
- 1 1/2 cups shredded cheddar cheese
- 1/2 tsp pepper
- 1/4 tsp nutmeg
- Salt to taste

**METHOD**

1. Trim and peel broccoli stems. Cut off 12 small florets. Coarsely chop 2 cups remaining broccoli.
2. Blanch chopped broccoli in boiling water until bright green, 2 minutes. Drain and set aside.
3. Heat olive oil in medium pot over medium heat. Sauté onion and celery until soft, 5 minutes. Whisk in flour and cook 1 minute. Add broth and milk. Cook, stirring, until mixture thickens, 5 minutes.
4. Add chopped broccoli, cheddar, pepper, nutmeg, and salt. Stir until cheese melts and soup is heated through, 3 minutes. Serve 1 cup per person, garnished with broccoli florets.

**Per Serving:** 160 calories, 5 g total fat, 2 g saturated fat, 16 g carbohydrate, 3 g fibre, 14 g protein

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**Internal food tagging system**
An internal tracking system that would combat food fraud has been developed by a professor at the University of Saskatchewan. The Grocery Manufacturers Association has found that five to 10 per cent of foods sold commercially are subject to adulteration. THE CANADIAN PRESS

# Toast to the return of SATC

**Are you a Glamour Girl, a Park Avenue Princess, a Red Over Heels lady or perhaps you see yourself more as having Blonde Ambition?**

Whatever your preference, Skyy Vodka has developed these four fabulous cocktail recipes that will have you toasting the return of your favourite Sex and the City foursome in style.

**Glamour Girl**
- 2 oz. SKYY Vodka
- 0.5 oz. fresh lemon juice
- 0.5 oz. fresh lime juice
- 0.5 oz. simple syrup or 1 tsp. sugar

**METHOD**
Rim a martini glass with Crème de cassis and sugar. Combine all ingredients in a cocktail shaker with ice. Shake vigorously and strain into the martini glass. Finish the cocktail with a drop of Crème de cassis on top.

**Blonde Ambition**
- 1.5 oz. SKYY Vodka
- 1 oz. fresh orange jJuice
- 1/2 oz simple syrup or 1 tsp. sugar
- 1 lemon squeeze
- 5 raspberries

**METHOD**
Squeeze and drop lemon squeeze into a cocktail shaker. Add raspberries, SKYY Vodka, orange juice and simple syrup/sugar with ice and shake vigorously. Strain into a martini glass. Squeeze lemon disk over drink skin side out to spritz cocktail - then bend and drop into drink. Garnish in addition with a raspberry lightly dusted with powdered sugar on pick.

**Red Over Heels**
- 2 oz. SKYY Vodka
- 3 red grapes
- 2 basil leaves
- 0.5 oz. fresh lemon juice
- 0.75 oz. simple syrup or 1 tsp. sugar

**METHOD**
Muddle grapes and basil leaves in the bottom of a cocktail shaker. Add SKYY Vodka, lemon juice and simple syrup/sugar with ice and shake vigorously. Double strain into a chilled martini glass, and garnish with a basil leaf on the surface of the drink.

**Park Avenue Princess**
- 1.5 oz. SKYY Vodka
- 3 oz. lemon lime soda
- 1 lemon squeeze
- 0.25 oz. red wine

**METHOD**
Squeeze and drop lemon squeeze into a cocktail shaker with SKYY Vodka and lemon lime soda. Fill cocktail shaker with ice and stir. Strain into a tall Collins glass with fresh ice. Float red wine over top of drink as garnish. Serve with a skinny black straw.

METRO NEWS SERVICE

## LiquidAssets

**Peter Rockwell**
metronews.ca/liquidassets

## Wheat beers

I don't care what the calendar says: In Canada, summer officially starts on the Victoria Day weekend. And while I have no doubt that a wide variety of libations will be consumed during the thousands of barbecues held across this great country in celebration of her majesty Queen Vicki, even a wine guy like me has to admit that long weekends belong to beer.

Now, while the term beer may cover a whole lot of liquid territory, my feeling is that the true summer brew is made with wheat: Fresh, citrusy and still serving up as much bravado as a classic U.K. ale.

A great wheat beer is cloudy, full-figured and often throws its fare share of unfiltered sediment.

Unless you're German, the classic version is Belgium's **Hoegaarden** (6 x 330 ml, $13.49 - $13.95): An easy-drinking wheaty that's spiced up with an injection of coriander and orange peel. Over in Deutschland the bright, full-flavoured **Erdinger Weissbier** (500 ml, $3.05 - $4.21) sets the standard.

But you don't have to travel far to enjoy a classic. **Rickard's Original White** (12 x 341 ml, $21.95 - $22.49) — brewed right here in Canada — is a tasty interpretation.

*Prices reflect the range across the country. Some products may not be available in all provinces.*

Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

ADVERTISING FEATURE

# Canadian Dairy: The Informed Choice

**"Canadian milk meets high standards of quality and safety," says Bob Stultz. "But keeping it that way takes a lot of hard work. Farmers, processors, retailers and even consumers have a role to play in making Canadian dairy products safe, fresh, and nutritious."**

Bob's in touch with all the players in the Canadian dairy industry. As Director of Market Development and Pro-active Media Group with Dairy Farmers of Canada (DFC), it's his job to listen to those who produce dairy products, those who sell them, and those who consume them. Their biggest concern? Helping consumers make informed decisions.

"Consumers want dairy products they can trust," Bob explains. "They want to know where the products come from; what's in them. They know milk is healthy—not like a soft drink that has to be promoted on what it doesn't contain. Yet every day people are bombarded with food claims, some of them untrue. DFC addresses these claims and communicates the facts about Canadian dairy products to everybody."

That's where the 'pro-active' part of Bob's job begins. When the dairy industry has a story to tell, Bob's team tells it—through media, through live events, and through seminars and school visitations. Where misunderstandings exist, he seeks to correct them. "'Border confusion' is a great example," says Bob. "Canadians hear about growth hormones being permitted in dairy products down south and assume the same is true up here. So we explain that artificial growth hormones (such as RBST) are not legal for sale in Canada—our industry doesn't allow it."

One of Bob's best communication tools is the 100% Canadian Milk symbol, now a fixture on many Canadian dairy products across the country, assuring consumers that the milk used in their dairy products is produced here, in Canada, according to the highest standards. "The symbol gives consumers what they want: information," Bob says.

"And nothing's better for the Canadian Dairy industry than an informed consumer, because the more you learn about our products, the more you like them. Truly, we're all in this together."

*For recipes and more info on 100% Canadian milk, go to metronews.ca/canadianmilk*

100% CANADIAN MILK

Behind this symbol is a source of pride.

We can be proud of products bearing the 100% Canadian Milk symbol. It means they are made from locally produced milk renowned for its purity, high quality and great taste.

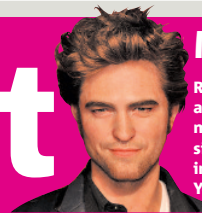
**Look for this symbol on your dairy products.**

asourceofpride.ca

**Flood relief**

Music conquers all in Nashville — and it came to the rescue of flood victims Sunday during a telethon that raised more than $1.7 million for relief in the region. Brad Paisley, Keith Urban, Sheryl Crow and Martina McBride were among the artists who took part. PEOPLE.COM

# Entertainment



**Music man**

**Robert Pattinson wants to play a sex and drug obsessed record label A&R man in a new movie. He has his sights set on playing Steven Stelfox in an adaptation of the novel Kill Your Friends.** FEMALEFIRST.CO.UK

EDITOR: DEAN.LISK@METRONEWS.CA

# Crash Test Dummies return

TheAudioFiles

**Bryan Borzykowski**

metronews.ca/music

It's been 17 years since the Crash Test Dummies released the multi-platinum selling album God Shuffled His Feet, but it's hard to forget that this Winnipeg band was — in the midst of grunge — one of Canada's most successful acts.

For a lot of people, Brad Roberts' deep baritone voice and sweet, folk pop melodies were the perfect antithesis to the constant barrage of flannel and angst-filed distorted rock.

But, while the band wasn't exactly a one hit wonder — Superman's Song, Mmm Mmmm Mmm Mmm and XTC cover The Ballad of Peter Pumpkinhead were all popular — it shouldn't have come as a surprise that the stronger grunge became, the weaker the Crash Test Dummies' future looked. It didn't take long before the masses lost interest; the band officially faded out in 2004.

Roberts could have left it there, but this year he revived the Dummies name, teamed up with original member Ellen Reid and, last week, released Oooh La La, the group's ninth record.

It's an unexpected return — there weren't many people clamouring for a Dummies reunion — and even Roberts was surprised. "I started writing,

Frontman Brad Roberts has revived the Crash Test Dummies.

with (producer) Stewart Lerman for fun. Purely for the sake of making music," he says on the phone from New York. "It sounded so good to me that how could I not promote this record?"

While he's excited to get back on stage, he admits that he enjoyed not playing music. Being recognized on the street had gotten to him a long time ago and he could do without record label pressures and not making any money, the real reason why he wound down the band.

"In 2004 I realized I couldn't continue making records because I wasn't making any money," he says. "I couldn't afford to p— away money on vanity projects."

Those were tough times, but these days he's a little wiser. He's stripped the group down to three members, they are playing intimate acoustic shows, and the band is only touring 10 days at a time.

It's too early to tell how the reformed band will be received, his new album is interesting. He wrote most of it using an optigan — a keyboard from Mattel that plays a bunch of pre-recorded, full-band sounds. Roberts basically recreated the sounds, with a live band, that the instrument played and then added vocals and other musical flourishes on top.

It's easy to tell that this is a record made by someone who doesn't care about sales anymore; it's relaxed and fun. But it probably won't make Roberts rich again. And, perhaps the most impressive part about this comeback is that he's ready to deal with success or failure this time around.

"If I don't make money I will retire again," he says. "If I do make money I'll release another record."

**"I realized I couldn't continue making records because I wasn't making any money."** Brad Roberts

Bryan Borzykowski is a business and entertainment writer. Follow Metro Music on Twitter @TheMetroMusic

| CA | Vu | SC | 7:00 | 7:30 | 8:00 | 8:30 | 9:00 | 9:30 | 10:00 | 10:30 | 11:00 |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 5/18/10 | 267 | 351 - ACCESS | Alberta Primetime (Live) | | (8:02) V "Red Sky" | | Dancing With the Stars | | The Middle (N) | Old Christine | Primetime |
| | 243 | 317 3 CFCN | etalk | Access H. | Law & Order: SVU | | American Idol (HDTV) | | Lost (HDTV) (N) | | CTV News |
| | - | - 4 OMNI | King | The Simpsons | Omni News: S. Asian Edition | | Omni News: Cantonese Edition | | Two/Half Men | Two/Half Men | Metropia |
| | - | 371 5 KXLY | 4 News at 6 | 4 News at 6:30 | Entertainment | The Insider (N) | Dancing With the Stars | | Lost (HDTV) (N) | | (11:02) V (N) |
| primetime | 245 | 306 6 CBRT | NHL Hockey | | CBC News | TBA | TBA | TBA | CBC News: The National | | The Hour |
| | 244 | 338 7 CICT | ET Canada | Entertainment | The Good Wife (N) | | NCIS "Patriot Down" (N) | | Glee "Dream On" (N) | | News Hour |
| | 246 | - 8 CKAL | Law & Order: SVU | | Parenthood (HDTV) (N) | | The Biggest Loser Final four contestants run a marathon. | | | | EP Daily |
| | 119 | 705 9 CBXFT | Squelettes | Tout | Beautés désespérées (SC) | | Bons baisers de France (SC) | | Le Téléjournal Nouvelles. (SC) | | TJ Alberta |
| | - | - 10 SHAW | (6) Local Programming | | | | | | Local Programming | | |
| | - | 372 12 KREM | News | Access H. | The Doctors | | NCIS "Patriot Down" (N) | | NCIS: Los Angeles (N) | | The Good Wife |
| | - | 374 14 KSPS | PBS NewsHour (N) | | NOVA (DVS) | | St. Helens: Out of the Ash | | Frontline "The Wounded Platoon" (DVS) | | |
| | 502 | 390 15 CBC | CBC News: The National | | CBC News: The National | | CBC News: The National | | CBC News: The National | | fifth estate |
| | - | 370 16 KHQ | News (N) | Millionaire | Jeopardy! (N) | Wheel Fortune | The Biggest Loser Final four contestants run a marathon. | | | | Parenthood (N) |
| | - | 373 22 KAYU | The Office | Raymond | Two/Half Men | Two/Half Men | American Idol (HDTV) | | Glee "Dream On" (N) | | News |
| | 297 | 652 37 WPIX | Life Unexpected (HDTV) | | PIX News at Ten (N) | | Two/Half Men | Friends | Friends | According-Jim | Family Guy |
| news | 500 | 500 29 CNN | Larry King Live (N) | | Anderson Cooper 360 (HDTV) | | | | Larry King Live | | Cooper 360 |
| | 508 | 502 31 CNN2 | The Joy Behar Show | | Nancy Grace | | Showbiz Tonight | | The Joy Behar Show | | Nancy Grace |
| sports | 400 | 400 21 TSN | NBA Basketball | | | | SportsCentre | | Boxing | | |
| | 408 | 418 27 net | (6) Hockey (Live) | | | | Sportsnet Con. | The Grid | Sportsnet Connected (HDTV) | | MMA Conn |
| | 410 | 403 30 SCORE | Score Now | | Score Now | | Score Now | | Score Now | | Score Now |
| | 411 | 457 44 OLN | Operate-Repo | Operate-Repo | Ghost Hunters | | Destination Truth | | Operate-Repo | Operate-Repo | Ghost Hunters |
| | 417 | 406 48 SPEED | Race in 60 (N) | | NASCAR Hall of Fame Biogra | | NASCAR Hall of Fame Biogra | | Race in 60 | | NASCAR Hall |
| family | 552 | 543 20 YTV | iCarly | To Be Indie | That's-Weird | Family Biz | Malcolm | Hates Chris | 8 Simple Rules | Family Biz | To Be Indie |
| | 557 | 541 39 FAM | Han. Montana | Wizards-Place | Sonny-Chance | Suite Life | Overruled! | Han. Montana | Wizards-Place | Latest Buzz | Ned's School |
| | 555 | 545 67 TOON | Jimmy Two | Johnny Test | Johnny Test | Total Drama | Total Drama | 6TEEN | Futurama | King of the Hill | American Dad |
| | 575 | 583 11 CMT | According-Jim | According-Jim | Home Improve. | Home Improve. | Meet-Wilsons | Meet-Wilsons | Amer. Funniest Home Videos | | Reba |
| | 553 | 546 17 TREE | Franklin | Babar | Little Bear | Toopy & Binoo | Max & Ruby | Dragon (DVS) | Backyardigans | Ni Hao, Kai-lan | Go, Diego, Go! |
| cable variety | 505 | 398 19 TWN | (5) EarthWatch One | | EarthWatch One | | EarthWatch Two | | | | |
| | 602 | 568 23 W | House-Sell | House-Sell | Supernanny | | Style by Jury | Beauty Call | Beauty Call | Style by Jury | *Held Hostage* |
| | 521 | 560 24 TLC | 19 Kids-Count | 19 Kids-Count | World's Strongest Toddler | | World's Tallest Children | | 19 Kids-Count | 19 Kids-Count | Strong-Toddler |
| | 603 | 561 25 FOOD | Chef Abroad | Chef Abroad | Chefs vs. City | | Restaurant Makeover | | Diner, Drive-In | Unwrapped | Dinner Impossible |
| | 615 | 520 26 A&E | Criminal Minds (HDTV) | | Criminal Minds "Identity" | | CSI: Miami "Seeing Red" | | (10:01) Criminal Minds | | Criminal Minds |
| | 617 | 522 32 SHOW | Trailer Park | Trailer Park | Relic Hunter | | *Behind the Wall* (2008, Suspense) Lindy Booth. | | | | Californication |
| | 601 | 562 33 SLICE | Party Mamas | Wedding SOS | Wedding SOS | Wedding SOS | ET Canada | What Happen? | Housewives/OC | | Housewives |
| | - | 633 34 ENC2 | (7:15) *The Peacekeeper* ★★ (1997, Action) | | | | *Night Shift* ★★ (1982, Comedy) Henry Winkler, Shelley Long. | | | | *Animal House* |
| | 520 | 505 35 DISC | Destroyed | Destroyed | Deadliest Catch (N) | | Daily Planet | | Destroyed | Destroyed | Deadly Catch |
| | 620 | 523 36 BRAVO | Altered by Elvis | | Spectacle: Elvis | | Law & Order "Venom" | | Without a Trace | | *Past Perfect* |
| | 294 | 650 40 WPCH | MLB Baseball: Mets at Braves | | Seinfeld | Seinfeld | Law & Order: SVU | | Family Guy | Family Guy | *Yours, Mine* |
| | 626 | 547 41 COM | Just for Laughs | | Air Farce | 22 Minutes | Corner Gas | Name Is Earl | The Simpsons | South Park | Conchords |
| | - | 539 42 TCM | *Davy Crockett* | *Cimarron* ★★ (1960, Western) Glenn Ford, Maria Schell, Anne Baxter. | | | | | *A Man Called Horse* ★★★ (1970, Western) | | |
| | 628 | 584 43 SPIKE | Deadliest Warrior (HDTV) | | Deadliest Warrior (HDTV) (N) | | Deadliest Warrior (HDTV) | | Real Vice | Real Vice | CSI: Cri. Scene |
| | 522 | 516 45 HIST | Ancients Behaving Badly | | Aftermath (HDTV) | | Cities of the Underworld | | Pawn Stars | Pawn Stars | Nostradamus |
| | 627 | 528 46 SPACE | Medium "Dead Meat" (N) | | Fringe (N) | | InnerSpace (N) | Stargate SG-1 (DVS) | | Star Trek: Next Generation | |
| | - | - 47 AMC | (6) *Star Trek Generations* ★★ (1994) | | | (8:45) *Star Trek: First Contact* ★★★ (1996, Science Fiction), Brent Spiner | | | | | *Spaceballs* |
| | 619 | 525 49 TROP | End of Leash | Last 10 | The Celebrity Apprentice The two finalist are determined. | | | | Dog Whisperer | | End of Leash |
| | 600 | 564 50 HGTV | Sarah's House | Genevieve | House Hunters | House Hunters | Holmes on Homes | | Sarah's House | Genevieve | Outdoor Room |
| | 501 | 391 52 CTV | CTV News Tonight | | CTV News | CTV News | CTV News | CTV News | CTV News | CTV News | CTV News |
| | 504 | 508 70 BNN | Squeeze Play | | Business News | Commodities | Market Call Tonight | | Headline | Commodities | Squeeze Play |
| | 526 | 507 92 VIVA | Medium | | Cold Case | | Psychic Inv. | Encounters | Judging Amy | | Missing |
| | 269 | 350 93 APTN | Fish Out of | Mixed Blessing | Cashing In | Rabbit Fall | Arbor Live Domenica. | | Beyond Words | Chiefs-Champ | Tears |
| | - | - 94 MCP | World News | News | Wang Gui | Immortal Yi, So | Il Caffe | | In Germany | Euromaxx | Schauplatz |
| | 571 | 581 100 MMM | mmtop10.ca | | Hammertime | Gimme Sugar | The O.C. "The Escape" | | Hammertime | Gimme Sugar | Family Jewels |
| | 570 | 580 101 MM | When I Was 17 | When I Was 17 | Video on Trial | Video on Trial | UR11 | | Gossip Girl | | Styl'd |
| | 581 | 566 102 MTV | The City | The Hills | The Hills | After | MTV Live | Sex, News-Roll | The City | The City | The Hills |
| | - | - 116 TV5 | Les Invincibles (SC) | | ADN: Accel. | Nouva | TV5 Le Journal | (9:35) La Grande Librairie | | Horizons (SC) | |

## critics' corner

**The Good Wife**
Eli works on getting Peter's charges dropped, while Alicia finds herself once again defending one of her least favorite clients: accused wife killer Colin Sweeney (guest star Dylan Baker), who claims self-defense when she finds him handcuffed to a dead woman in the new episode "Hybristophilia." 8 PM on CICT; 11 PM on KREM

**V**
Val's (Lourdes Benedicto) water breaks, marking the imminent arrival of her baby with Ryan (Morris Chestnut). Erica and Tyler (Elizabeth Mitchell, Logan Huffman) are invited up to the Mothership for a dinner. Chad (Scott Wolf) makes the devastating discovery that Anna (Morena Baccarin) has been using him in the season finale, "Red Sky." 8:02 PM on ACCESS; 11:02 PM on KXLY

**The Biggest Loser**
Contestants and winners from past seasons, as well as family members, cheer on the final four as they run a marathon. One contestant receives a visit from chef Curtis Stone. A last weigh-in determines who the final two contenders will be, with viewers voting on a third finalist. 9 PM on CKAL KHQ

Bjork

## Morricone, Bjork share Polar prize

**MUSIC** Italian composer Ennio Morricone and Icelandic singer Bjork have won the 2010 Polar Music Prize.

They will be invited to accept the award, which includes about $130,000 each in prize money, at a ceremony in Stockholm later this year.

The Polar Music Prize is Sweden's biggest music award and is typically shared by a pop artist and a classical musician. It was founded by Stig Anderson, manager of Swedish pop group ABBA, in 1989.

Bjork sang in various Icelandic bands in the 1980s and rose to international fame with her solo album Debut in 1993. Morricone, 71, has composed more than 400 film scores.

THE ASSOCIATED PRESS

## DVD picks

### Invictus

**Director: Clint Eastwood**

**TITLED FOR THE** Latin word for invincible, Clint Eastwood's latest movie stars Morgan Freeman as Nelson Mandela, and you couldn't imagine a more unbeatable confluence than that. Freeman captures the South African icon's deliberate manner and cadence, and seems imbued with the same inner fire.

Matt Damon co-stars as François Pienaar, the captain of South Africa's national rugby team in the 1995 World Cup, a momentous series that came to be about far more than sport. Damon's performance is also impeccable, and he seems to have nailed the South African accent.

But for once, Eastwood's famous restraint hasn't entirely served him well. Invictus is a movie about emotions made by a man who distrusts naked displays of emotion.

After a brief prologue set in 1990, marking Mandela's release from jail after 27 years of imprisonment by the racist apartheid regime, it jumps to the difficult days following his 1994 election as South Africa's president.

Racial tensions come to the fore over the Springboks, the national rugby team long associated with apartheid-supporting Afrikaners. The black majority vote to change the Springboks' name, logo and colours, but Mandela argues that it's time for forgiveness and reconciliation. He extends the hand of friendship to Pienaar and the Springboks, vowing his support in their efforts to gain a berth in the 1995 Rugby World Cup.

Extras include several featurettes, mostly on the Blu-ray disc, with special attention to Matt Damon Plays Rugby, which is about turning a Hollywood star into a rugby player.

### The Messenger

**Director: Oren Moverman**

**THE MESSENGER** is a masterful drama about the bringing of bad news and the toll it takes on both bearer and receiver.

It follows members of the U.S. Army's Casualty Notification Office, whose grim task is to immediately notify next-of-kin of battlefield casualties in Iraqs.

Few volunteer for the assignment, especially not walking wounded like Staff Sgt. Will Montgomery (Ben Foster), who recently returned from Iraq carrying baggage both physical and emotional. Montgomery is paired with Capt. Tony Stone (Woody Harrelson), a veteran of the notification office who long ago learned to separate his job from his life — although the alcoholism problem he's fighting suggests otherwise.

**Peter Howell/for Metro Canada**

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WWW.ACDCROCKS.COM

**McCarthy spotted with another man**

Jenny McCarthy is officially on the rebound after her April split from Jim Carrey. Over the weekend, she was photographed twice out and about in L.A. with an unidentified, blonde male companion, usmagazine.com reports. METRO NEWS SERVICES

## Celebrity Buzz

Some people think of the TRIBECA as a trendy neighborhood in Manhattan.

We think of it as an affordable efficient new home in Cranston, Calgary.

Introducing new homes from The District by Cedarglen, in the established neighborhood of Cranston. The District homes combine urban design with suburban living and are so energy efficient that you not only receive an immediate rebate*, but you'll also have lower monthly energy bills. All starting from the low $300,000's.

Visit thedistricthomes.ca or call Megan at 403.452.8481 for more information.

Showhomes opening May 22nd

*Government rebate program subject to change without notice

the district
By Cedarglen Homes

# Two years later family misses Ledger

**SO DO HIS MANY FANS AROUND THE WORLD** He's been gone for more than two years, but Heath Ledger's family continues to make sure his memory is here to stay, people.com reports.

"He is alive in my heart and in my head. Every day I talk to him," Ledger's sister, Kate told People last week at the sixth annual Australians in Film Breakthrough Awards. Kate and Ledger's mother, Sally Bell, were on hand to watch Colin Farrell present up-and-coming actress Bella Heathcote with the Heath Ledger Scholarship.

"It is very special," Kate said. "It's honouring our boy so we couldn't be prouder and we think it is an amazing scholarship that is going to give so many opportunities."

His mother added, "He had a huge passion for acting. That was the most important thing for him. It wasn't about the money. He had such a passion that just showed through regardless of how big the role was."

METRO WORLD NEWS

# Olsen's plane makes an emergency landing

**AND SURPRISINGLY SHE IS NOT TO BLAME, WE HOPE AT LEAST** Ashley Olsen's plane was forced to make an emergency landing on Sunday, femalefirst.co.uk reports.

The 23-year-old actress-and-designer was travelling from New York to Los Angeles with her boyfriend, The Hangover actor Justin Bartha, when an electrical fire sparked in the cockpit, forcing the pilot to land the aircraft in Virginia.

Publicist Phil Lobel — who was a passenger on the plane — told ET Online the incident was a "harrowing experience" as the fire had caused the windscreen to crack, which "obscured the pilot's ability to conduct a visual landing."

METRO WORLD NEWS

Follow these celebrities on Twitter...

## CelebTweets

**COURTNEY LOVE** is reaching out to Lindsay Lohan and **JUSTIN BIEBER** knows how to party.

@CourtneyLoveUK @lindsaylohan i have this urge to help you today im sorry you left the hotel i think i know what to do for you, had it for a few days @justinbieber got to go to Sea World yesterday and see. Shamu made me believe and i got to make out with some Beluga Whales. good times

METRO NEWS SERVICES

IN 2 DAYS...
Go Behind the Scenes of LOST

Don't miss this live discussion and Q&A with "Lost" creators Carlton Cuse and Damon Lindelof, simulcast live in HD from The New York Times

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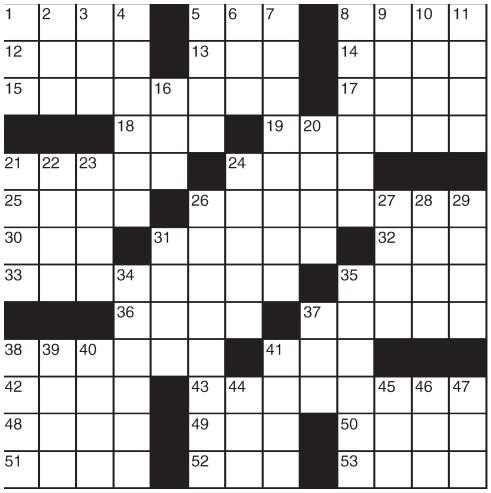
**Today** Afternoon rain 26 C / 10 C
**Wednesday** Rain 22 C / 11 C
**Thursday** Afternoon rain 17 C / 8 C

BT BREAKFAST TELEVISION

**Andrew Schultz, Meteorologist – Breakfast Television**
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta." WEEKDAYS AT 6 A.M.

# Take Five



**ACROSS**
1 Relinquish
5 The D in DJIA
8 Faction
12 Credit card name, for short
13 "... rose — rose"
14 Operatic solo
15 Richly sweet
17 Victory's opposite
18 Charged bit
19 Hypnotic state
21 Treaties
24 Strait-laced
25 Capri, e.g.
26 2010 Oscar-winning film
30 Greek cross
31 Working-class member
32 Expert
33 Plausible but untrue
35 Burn somewhat
36 On a pension (Abbr.)
37 Move laterally
38 Read
41 Encountered
42 Astringent
43 Kind and courteous
48 Arm or leg
49 One part of ENT ...
50 ... and another
51 Church service
52 Agt.
53 "Pygmalion" playwright

**DOWN**
1 Ore. neighbor
2 Ostrich's kin
3 — Moines
4 Stir up
5 "My Heart Will Go On" singer
6 Buckeyes' sch.
7 Strangers to frugality
8 Deli sausage
9 Press
10 Platter
11 Relaxation
16 One of the Cyclades
20 Wedding shower?
21 Quarries
22 Promptly, on a memo
23 Professor Plum's game
24 Exultant
26 Mentors' charges
27 Newspaper page
28 Caspian Sea feeder
29 Aching
31 Slapstick arsenal
34 Hansel and Gretel's trail
35 Peaceful protests
37 Moment
38 Coconut provider
39 Director Kazan
40 Piratic potables
41 "There's Something About —"
44 Knock
45 La-la lead-in
46 Patriotic chant
47 Stitch

## Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | 6 | | | | | | 7 | |
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**PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:**

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| 7 | 3 | 5 | 6 | 8 | 4 | 2 | 1 | 9 |
| 6 | 9 | 4 | 1 | 2 | 5 | 3 | 8 | 7 |
| 1 | 5 | 6 | 9 | 4 | 7 | 8 | 2 | 3 |
| 3 | 2 | 9 | 8 | 5 | 6 | 1 | 7 | 4 |
| 4 | 8 | 7 | 2 | 3 | 1 | 9 | 6 | 5 |
| 8 | 6 | 1 | 4 | 9 | 3 | 7 | 5 | 2 |
| 5 | 4 | 3 | 7 | 1 | 2 | 6 | 9 | 8 |
| 9 | 7 | 2 | 5 | 6 | 8 | 4 | 3 | 1 |

## On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

## Metro Recipe of the Day

### Shrimp with Dill Dressing

**INGREDIENTS:**
1 cup mixed basmati and wild rice, rinsed
Zest and juice of 1 lime
2 tbsp canola oil, divided
2 tsp sesame oil
1 tbsp soy sauce
250 g broccoli florets
250 g snow peas, halved
500 g large peeled and de-veined shrimp
1 yellow pepper, seeded and sliced
3 scallions, sliced
4 tbsp chopped fresh dill
Salt and pepper

**METHOD:**
1. Cook rice with lime zest according to package instructions. Drain and add to wide salad bowl. Discard zest.

2. Whisk 1 tbsp lime juice, 1 tbsp canola oil, sesame oil, soy sauce, salt and pepper in small bowl. Drizzle dressing over rice and stir to mix. Spread out rice in bowl and leave to cool.

3. Steam broccoli over pot of boiling water 4 minutes. Add snow peas and steam 2 minutes. Drain vegetables and refresh under cold running water.

4. Heat remaining canola oil in skillet. Add shrimp; cook over high heat until cooked through, 1–2 minutes per side. Remove from heat and sprinkle with remaining lime juice.

5. Add pepper, scallions and dill to rice; stir gently. Pile shrimp on top and serve.

**SERVES 4**

**rd.ca**

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

## Horoscopes by Sally Brompton

sallybrompton.com For Sally's expanded daily and weekend horoscopes, visit metronews.ca

**ARIES** ♈
MARCH 21-APRIL 20
Don't be too generous with your time and your money. An easy come, easy go attitude may be fun today but it won't be tomorrow if you end up poor.

**TAURUS** ♉
APRIL 21-MAY 21
You seem to be going through a period of upheaval at the moment but you know that in the long-term it's for the best. Keep things simple.

**GEMINI** ♊
MAY 22-JUNE 21
You appear to be a bit confused. You appear to have lost your way. Maybe it's because you have tried to be too logical in your thinking in recent weeks.

**CANCER** ♋
JUNE 22-JULY 22
With the Sun and Jupiter working in your favor today you should find it easy to come to terms with difficult situations. Look for on the bigger picture.

**LEO** ♌
JULY 23-AUG 23
Someone you have depended on many times in the past may not be there for you today and most likely you'll panic. It's for the best, for both of you.

**VIRGO** ♍
AUG 24-SEPT 22
Something will happen over the next 24 hours that helps you understand some of the apparently senseless things that have occurred in recent weeks.

**LIBRA** ♎
SEPT 23-OCT 23
You will have to admit that some kind of dream is not going to come true. Perhaps you were aiming too high. It's time to move on.

**SCORPIO** ♏
OCT 24-NOV 22
You have begun to see certain people in a new light, and so many of the things you argued about in recent weeks no longer seem to matter.

**SAGITTARIUS** ♐
NOV 23-DEC 21
You need to be more adaptable today. You also need to realize that there are certain things that not even you can do on their own. Get assistance.

**CAPRICORN** ♑
DEC 22-JAN 20
You may be ultra competitive but ask yourself: does it really matter that much who wins? You are taking some things far too seriously. Enjoy life.

**AQUARIUS** ♒
JAN 21-FEB 18
Simplify your routine and cut back on non-essentials. You need to manage your affairs in a more organized way.

**PISCES** ♓
FEB 19-MARCH 20
The truth is rarely straightforward. What people say and what people mean are often two different things.

## This day in history

1652: Rhode Island passes the first law in North America making slavery illegal.
1756: The Seven Years' War begins when Great Britain declares war on France.
1765: Fire destroys a large part of Montreal.
1783: First United Empire Loyalists reach Parrtown, Saint John, N.B., leaving the United States.
1860: Abraham Lincoln wins the Republican Party nomination over William H. Seward.
1980: Mount St. Helens erupts in Washington state, killing 57 people and causing $3 billion in damage.
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